

# UNDOING RACISM

Connections between race and poverty...  
and what we can do about it.



**solid  
ground**



Building community to end poverty

# In the United States...

Black, Indigenous, and people of color (BIPOC) are more likely to live in poverty than white people.



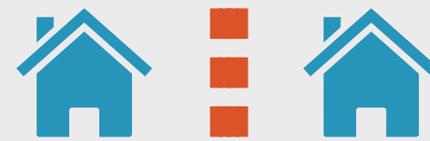
**Homelessness** – and **food and housing insecurity** – all disproportionately affect BIPOC. <sup>(1)</sup>



The average Black family would need **228 years** to build the wealth of a white family today. <sup>(2)</sup>

**\$13x\$**

White people in the U.S. have **13x** the net worth of Black people. <sup>(1)</sup>



Race-based barriers such as **redlining** have historically limited opportunities for BIPOC to own real estate and accumulate wealth. <sup>(1)</sup>

# In King County, WA...

Poverty and homelessness disproportionately impact BIPOC.

**Compared to white people, Black people are:**



more likely to live in poverty. <sup>(1)</sup>



more likely to experience homelessness. <sup>(2)</sup>

**... and American Indian and Alaska Natives are:**



more likely to live in poverty. <sup>(1)</sup>



more likely to experience homelessness. <sup>(2)</sup>

**Families of color also more frequently report not having enough food. Of those:**

**38%**

are Hispanic. <sup>(3)</sup>

**21%**

are Black. <sup>(3)</sup>

**7%**

are White. <sup>(3)</sup>

# In Solid Ground's work...

We witness firsthand how racial disparities impact people's lives.



**Housing and Homelessness:** We house over **900** people in service-enriched residences. Of these, **62%** living on our Sand Point Housing campus and **78%** staying at our Broadview domestic violence shelter are BIPOC.



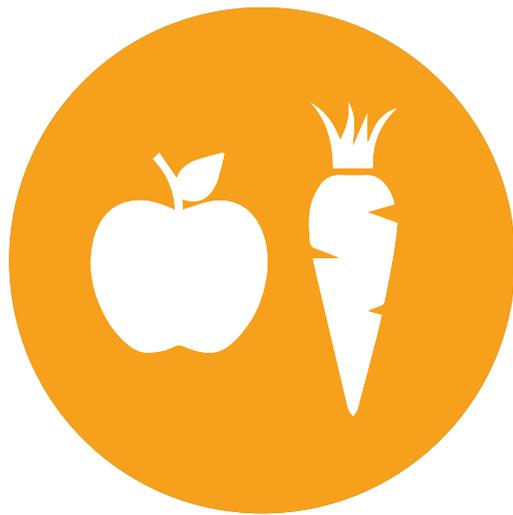
**Economic Disparities:** From 2016-2017, we provided case management and direct financial assistance to stabilize housing for more than **2,000** people; **70%** were BIPOC.



**Hunger and Nutrition:** Our classroom, garden, and nutrition education supports over **2,000** people in food insecure communities to learn about, access, and cook healthy foods on a budget. More than **70%** of participants are BIPOC.

# We believe poverty is solvable.

## OUR APPROACH



**MEET BASIC  
NEEDS**

+



**NURTURE  
SUCCESS**

+



**SPREAD  
CHANGE**

- ▶ We provide people with a place to sleep, healthy food, and transportation.
- ▶ Our programs give people tools, training, and counseling for long-term stability.
- ▶ We engage and support communities to advocate for a world where everyone can thrive.

# What YOU can do!

## Step 1: LEARN



**LISTEN** and trust peoples' lived experiences.



**QUESTION** your assumptions.



**RESEARCH** the history of systemic oppression.

### *Resources to get you started...*

- ▶ Implicit Bias Assessments: [implicit.harvard.edu/implicit](https://implicit.harvard.edu/implicit)
- ▶ Western States Center's *A History: The Construction of Race & Racism*: [tinyurl.com/Construction-of-Racism](https://tinyurl.com/Construction-of-Racism)
- ▶ Seattle Civil Rights & Labor History Project: [depts.washington.edu/civilr](https://depts.washington.edu/civilr)

# What YOU can do!

## Step 2: ACT



**SPEAK UP** when others are uninformed, make assumptions, or make racist statements.



**VOLUNTEER** with Solid Ground or other organizations working to undo racism and oppression.



**RAISE YOUR VOICE!** Vote and contact your representatives about racial justice issues.

### *Ways to get involved...*

- ▶ Volunteer opportunities: [solid-ground.org/volunteer](https://solid-ground.org/volunteer)
- ▶ Register to vote: [povertyaction.org/register-to-vote](https://povertyaction.org/register-to-vote)
- ▶ Take action: [povertyaction.org/active-advocacy-actions](https://povertyaction.org/active-advocacy-actions)

# What YOU can do!

## Step 3: ENGAGE



**SHARE** resources and what you learn with friends and family.



**OPEN** up conversations and challenge yourself and others to ask questions daily.



**HONOR** new perspectives.

### *For more info...*

► Visit: [solid-ground.org/race-social-justice](https://solid-ground.org/race-social-justice)

► Email: [antiracism@solid-ground.org](mailto:antiracism@solid-ground.org)

► Share: [#UndoingRacism](https://twitter.com/UndoingRacism) | [#RaiseYourVoice](https://twitter.com/RaiseYourVoice) | [#RacialJustice](https://twitter.com/RacialJustice)